



Doral presents...

FLUORIDE VARNISH FACTS



What is fluoride varnish?

It is a protective coating that is painted on the teeth to help prevent cavities and it can stop cavities that have already started.

Is it safe?

Yes it is. Fluoride varnish has been used in other countries for over 25 years and is approved by the FDA and endorsed by the American Dental Association. This coating of the teeth can be done on babies once their first tooth comes in.

How is it done?

The varnish is painted on the teeth. It is very quick and easy and can be done in a non-clinical setting. There is no pain in the process but your child may cry because a stranger is in their mouth.

How Long Will It Last?

The fluoride varnish will be most effective if it is applied 3-4 times a year.

Home Follow Up care for best results.

- Your child's teeth will appear yellow
- Wait until the next morning for brushing your child's teeth
- Your child should eat soft foods until the next day